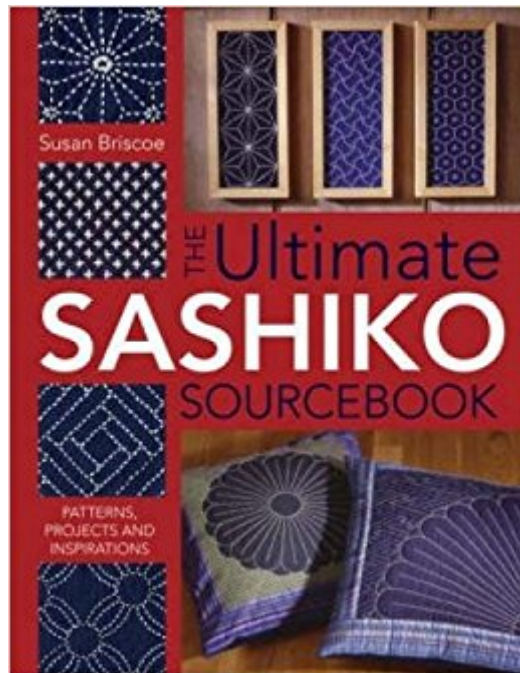




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# The Ultimate Sashiko Sourcebook



## Synopsis

Sashiko, the traditional Japanese technique of needlework quilting, uses simple running stitch to create beautifully decorative patterns ideal for patchwork, quilting and embroidery. Sashiko (pronounced shash-ko) means 'stab stitch' and refers to the small running stitch that is worked to build up distinctive decorative patterns, of which there are hundreds. The book begins by exploring the origins of the technique to strengthen clothes and to make them warmer. Getting Started describes everything you need to begin stitching, including selecting suitable fabrics and threads, marking out patterns on the fabric, as well as the stitching technique itself. Ten project chapters show how easy it is to use sashiko patterns to make beautiful items for the home. The sashiko patterns are described in step-by-step detail in the pattern library, showing you exactly how to achieve each individual pattern with ease. Finally a gallery of work by contemporary Japanese textile artists provides extra inspiration.

## Book Information

Paperback: 128 pages

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## Customer Reviews

Susan Briscoe teaches Shonai sashiko quilting workshops and has produced bag kits using the technique for Euro Japan Links. She writes and designs for patchwork and needlecraft magazines and recently published her first book 21 Terrific Patchwork Bags. Her interest in sashiko began when she was teaching English in Japan. Susan Briscoe lives in Wrexham, North Wales.

Checked this out from the library and had to own it!

Cover everything about sashiko and has great patterns as well.

I bought this book for my grandson, age 28. He's interested in sashiko as a way of patching his jeans. He loves the book!

Great information and a lot of inspirational ideas!

This book will introduce you to everything about sashiko and get you started. Lots of ideas and tips.

This book tells the history of sashiko and does a great job showing off many pattern designs and how to sew them. My only criticism is that I wish some of the thread colors in the diagrams were more easy to see - some of the colors look very similar in the diagram so it took me a minute to figure out the difference between them. Otherwise, easy to follow.

Like it

I'm a year into my sashiko and was ready for new designs and more history. This book is laid out so simple it almost took the fun away from coming up with projects. However, I am rereading and very much enjoying the wealth of single stitch instruction. As there are so few sashiko books available, this book and the authors two others are a must for your library. Japanese Sashiko Inspirations Japanese Quilt Blocks to Mix and Match Sashiko: Traditional Japanese Quilt Designs

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